



Cardioversion Pre-procedure Instructions

Date: _____ **Check-in Time:** _____ **Hospital:** _____

Address: _____ **Check-In Location:** Hospital Main Floor Entrance – Admissions

Intended Discharge Plan: You may have a same day discharge or next day discharge. Please be aware this may change at the time of your procedure. If the procedure is delayed or if there is a complication, you may stay.

Plan Ahead:

- Same day discharges will not likely leave the hospital until late afternoon or early evening.
- For 24-48 hours: stay home from work, have someone stay with you, no driving, no alcohol, no travel, and no exercise. Ride services (Taxi, Uber, Lyft) home from the hospital are not allowed.
- No procedures requiring blood thinner interruption for 1 month after cardioversion.

The Day Before Your Procedure:

- Please have nothing to eat or drink after midnight the night before the procedure, including gum and candy.
- You may take your prescription medications the morning of the procedure unless instructed otherwise by our office.

Medication Specifics:

- Do not take your blood sugar Farxiga (Empagliflozin), Jardiance (Dapagliflozin) 3 days before procedure.
- Do not take any vitamins or minerals the morning of your procedure.
- Do not miss any doses of your blood thinner during the month before or after your cardioversion.

Diabetic patients ONLY

- Do not take your usual oral diabetic medications the morning of the procedure.
- Take 1/2 of your insulin the morning of the procedure.

Bring to the Hospital:

- Bring an accurate list of your medications including the medication name, pill strength, dose you take, and times of the day you take it
- Bring your CPAP or BiPAP, if applicable