



Preadmission Instructions for Inpatient Antiarrhythmic Drug Loading

Medication: _____ **Admission Date:** _____

Intended Discharge Plan: *Sotalol IV* load: 1-2 overnights, *Sotalol oral* load: 3-4 nights, *Tikosyn* load 3-4 nights

Hospital: _____ **Address:** _____

Check-In Location: Hospital Main Floor Entrance – Admissions

The Day Before Your Admission

- You may take your prescription medications the morning of the procedure unless instructed otherwise by our office.

Bring to the Hospital:

- Bring an accurate list of your medications and supplements including the medication name, pill strength, dose you take, and times of the day you take it
- Bring your CPAP or BiPAP, if applicable
- Bring any inhalers you will need

Post-admission Restrictions

- You will have no restrictions unless you require cardioversion prior to discharge. If you are cardioverted, you will need someone to stay with you and you cannot drive for 24 hours post-procedurally, no strenuous activity or travel for 48 hours, and you cannot have procedures requiring blood thinner interruption for 1 month.

Why do I need to be hospitalized to start this medication?

These medications can cause harmful heart rhythms, so we start them in the hospital to allow for close monitoring. We will be checking your ECG 2-4 hours after each dose and sometimes, based on that ECG, we will adjust the dose. The ultimate dosage of medication is based on your personal response to the medication and won't be known until discharge. You may need a cardioversion prior to discharge. Do not miss any doses of your blood thinner for a minimum of 3 weeks prior to admission.

Additional Important Information Regarding Tikosyn (Dofetilide)

Tikosyn (Dofetilide) might not be routinely kept in-stock at your local pharmacy, and costs can be variable. Please check with your pharmacy about cost and ensure availability. There may be some mail order options that are less expensive. You will be given a limited supply of medication from the hospital campus pharmacy on discharge. Our staff will communicate with you the expected cost for that supply of pills.